

ANNUAL REPORT



2019

North Carolina Institute of Medicine

Shaping Policy for a Healthier State

The NCIOM is an independent organization focused on improving the health and well-being of North Carolinians by

- ▶ Providing analysis on the health and well-being of North Carolinians
- ▶ Identifying solutions to the health issues facing our state
- ▶ Building consensus toward evidence-based solutions
- ▶ Informing health policy at the state and local level

Dear Friends,

We told you last year to hang on to your hats and we hope you did. We have been busy this year and have a lot to show for it.

Our work on Accountable Care Communities in partnership with NC DHHS drives work across communities on addressing the drivers of health. We have continued to use this frame as we have embarked on Healthy NC 2030, convening working groups to select health indicators and targets for the state in 2030. We convened four working groups (clinical care, social and economic factors, health behaviors, and physical environment) as well as eight community forums with over 300 participants. We are working on three other task forces and getting ready for our second class of Legislative Health Policy Fellows.

I am often asked, "How can I help with the work of the NCIOM?" We always need authors and reviewers for the journal as well as experts, stakeholders, and speakers for our task forces and annual meeting. We seek to shape policy for a healthier state. Our budget is 85% dependent on grants, contracts, and contributions. Consider a gift to the NCIOM. We will immediately put your contribution to good use as we develop new materials, issue briefs, and our communication and dissemination strategy to support informing stakeholders about health policy in NC. Information is below regarding making a contribution.

Follow us on Twitter and Facebook and subscribe to our blog at nciom.org/news/blog.

See you at the Annual Meeting!

Sincerely,

Adam Zolotor
President and CEO

David Sousa
Board Chair

▶ How can you support the NCIOM?

If you would like to positively impact the health and well-being of North Carolinians, you can make a financial contribution to the NCIOM to support our work. Donations support the NCIOM's work to develop consensus recommendations to address health issues impacting North Carolina.

Donations to the NCIOM are 100% tax-deductible. After making a donation, you will receive confirmation of your tax-deductible donation from the NCIOM.

Online

Visit: <http://nciom.org/about-us/support-us/>.

Check

Make checks payable to the NCIOM.
Drop off or mail to 630 Davis Drive, Suite 100
Morrisville, NC 27560

Name _____

Company _____

Address _____

Phone _____

Pledge Amount _____

Card Number _____ CSV _____ Exp. _____ Zip Code _____

▶ Stay connected with us

@ncinstituteofmedicine

@nciom

▶ Our Impact

▶ Brain Health Registry

In 2015-2016, the NCIOM convened a Task Force on Alzheimer's Disease and Related Dementia. In June 2019, the state's new Brain Health Registry went live, helping to fulfill recommendation 7.1.

▶ 2-1-1

The NCIOM produced an issue brief in partnership with United Way of North Carolina and the Division of Aging and Adult Services of NC DHHS analyzing the subset of 2-1-1 callers designated as needing "No Wrong Door" services.

▶ Developing Accountable Care Communities

The Task Force on ACCs came together throughout 2018 to advance a model for addressing drivers of health in individual communities. The task force published 24 recommendations on readiness of organizations and systems to partner, funding mechanisms, and priorities for sustainability. We published a guide for those interested in developing ACCs that received interest from trade and advocacy organizations and community groups and led to presentations and write-ups in multiple publications.

Ongoing Task Forces and Projects

Healthy North Carolina 2030

Healthy North Carolina 2030 objectives were selected with input from a full task force, work groups, and community members. The framework for this decennial process looks across the drivers of health: health behaviors, clinical care, social and economic factors, and the physical environment.

Legislative Health Policy Fellows

The second class of the NCIOM Legislative Health Policy Fellows will begin in Fall 2019. Over three full-day sessions, participants build relationships across the aisle and learn about urgent health issues, priorities for health care delivery, and opportunities for improving health.

Serious Illness Care

In spring 2019, the NCIOM convened the Task Force on Serious Illness Care in partnership with agencies and organizations that provide care and advocacy around issues of aging, palliative care, hospice care, and long-term supports and services. The task force will issue a final report in 2020.

Health Services for Individuals who are Deaf and Hard of Hearing

The 2018-19 Task Force on Health Services for Individuals who are Deaf and Hard of Hearing began with information gathering about the current state and limitations of access to health services for people who are deaf and hard of hearing. Recommendations in development focus on assuring effective communication, accessibility and inclusion at all health care facilities.

Perinatal System of Care

The 2018-19 Task Force on Developing a Perinatal System of Care in North Carolina is developing recommendations aimed at assuring risk-appropriate care for mothers and newborns. The task force focuses on the complexity of levels of care in North Carolina birthing facilities, referral and transport systems, disparities, and service gaps in care.

Essentials for Childhood

The NCIOM continues to convene partner agencies and provide support to the implementation of the recommendations from the 2015 Task Force on Essentials for Childhood. In 2020, Essentials for Childhood partners will prioritize strategies to promote family friendly workplace policies in order to strengthen families' economic stability and promote child and family well-being.

NCMJ Informing Health Policy

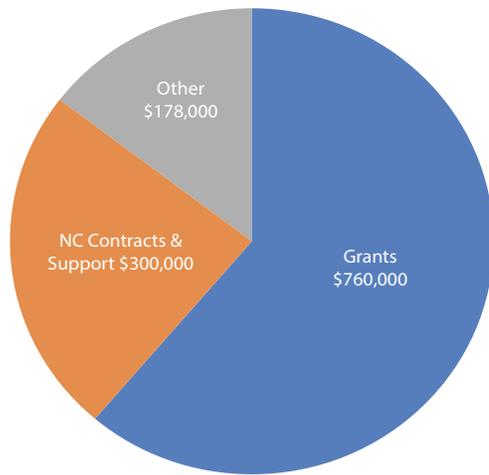
Current Issue:



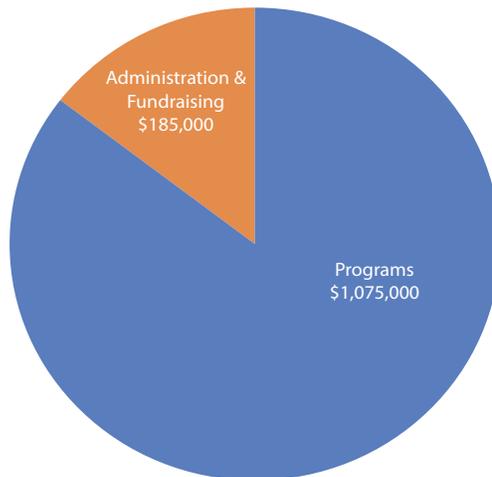
Recent Issues:



2020 Expected Revenue



2020 Expected Expenses



Supporters

Major Contributors

Blue Cross and Blue Shield of North Carolina Foundation
The Duke Endowment
State of North Carolina
Kate B. Reynolds Charitable Trust

Supporting Organizations

Campbell University
Atrium Health
Centers for Disease Control and Prevention
Cone Health Foundation
Duke Healthcare System
East Carolina University Healthcare System
Novant Health
United Healthcare
University of North Carolina at Chapel Hill
University of North Carolina Healthcare System
Wake Forest University Health Sciences
Mission Health
Alliant Health Solutions

NCMJ Co-Publishers

The Duke Endowment

NCMJ Co-Sponsors

LeadingAge North Carolina
North Carolina Dental Society
North Carolina Healthcare Association
North Carolina Medical Society
North Carolina Association of Nurse Anesthetists

Annual Meeting Sponsors

LabCorp
SunTrust
North Carolina Academy of Family Physicians
Curi, a Medical Mutual Company
NC Academy of Physician Assistants
NC Psychiatric Association
The Foundation for a Healthy High Point
NC Pediatric Society
UnitedHealthcare
Healthy Blue NC
WellCare
EbenConcepts

Individual Supporters

Brian McGinnis
Lisa Shock
David Sousa
Adam Zolotor
Lawrence Nycum
Penney Burlingame Deal
Patricia Skinner
Michael Adams
Leonard Ellis

Board of Directors

Anita Bachmann
United Healthcare

Paul R. Cunningham, MD, FACS
East Carolina University (retired)

Penney Burlingame Deal, DHA, RN, FACHE
Onslow Memorial Hospital

Goldie S. Byrd, PhD
Wake Forest University School of Medicine

Alexandra Dean, PhD, NCC, LPC
Industrial/Organizational Psychologist

Leonard Ellis
Eben Concepts

Keith Holtsclaw, FACHE
Blue Ridge Regional Hospital (retired)

Sarah Jordan, PhD
Appalachian State University

Brian McGinnis, FACHE, FACMPE
Catawba Valley Medical Group

John Morrow, MD, MPH
Pitt County Public Health (retired)

Susan D. Neeley, MSN
Gaston County Schools (retired)

Lawrence R. Nycum, MD, MMM
Novant Health - Forsyth Medical Center

Sy A. Saeed, MD
East Carolina University

Kim A. Schwartz, MA
Roanoke Chowan Community Health Center

Lisa Shock, MHS, PA-C
Evolent Health

Patricia A. Skinner, PhD
Gaston College

David P. Sousa
Curi, a Medical Mutual Company

Betsey Tilson, MD, MPH
North Carolina Department of Health and Human Services

William G. Way, Jr., MD
Wake Radiology Consultants