REQUEST SPECIFIC ACCOMMODATIONS	Be specific about the type of accommodation needed
	Make your request for a reasonable accommodation as early as possible
	 If there is a problem obtaining an accommodation, a written record of what occurred (people talked to and what happened) needs to be maintained to be used as proof if a complaint needs to be filed
KNOW YOUR RIGHTS	 Take time to learn your rights— websites of government agencies such as the U.S. Department of Justice, the Equal Employment Opportunity Commission, and other federal agencies provide a wealth of information on the legal rights of individuals with disabilities
	 If help is needed obtaining information, contact your state's disability law center or other appropriate state entities
	 If information or consultation is needed about particular legal rights, contact the National Association of the Deaf Law and Advocacy Center
	 The National Association of the Deaf website has a host of information on federal disability and civil rights laws
	Be aware that different laws apply to similar situations
EDUCATE OTHERS	 Do not assume that the places/individuals you are dealing with are familiar with the legal obligations or people who are deaf or hard of hearing
	The National Association of the Deaf Law and Advocacy Center has many educational and informative legal documents that can be provided to explain why you need an accommodation
KNOW WHO YOU ARE DEALING WITH	Know the nature of the place you are dealing with because the obligation to provide reasonable accommodations varies based on the nature of the place
	 Look into whether the place or organization designates a particular person or office to consider requests for reasonable accommodations, so you do not waste time debating with someone who does not have the authority to provide an accommodation
	If reasonable accommodations are denied, advance to the next level of authority
FOLLOW PROPER PROCEDURES	 Follow any established procedures for requesting a reasonable accommodation or disputing the denial of a reasonable accommodation
BE TACTFUL	The best self-advocates are courteous and tactful
	Choose your battles wisely, educate, and persuade
	Be consistent and confident when self-advocating
	 Compromise requires flexibility, so be willing to consider other forms of accommodations if your particular request cannot be granted
COMPROMISE	You should not accept accommodations that do not work for you –compromise does not mean you should settle for less than you deserve
	When you have done everything that is within your power, and there is nothing more you can do to obtain your rights to a reasonable accommodation, it may be time to file a complaint or seek legal representation