## Becoming a Team

Interprofessional Training For High Performing Teams "...the provision of health services to individuals, families, and/or their communities by at <u>least two</u>

<u>health providers who work collaboratively</u> with patients and their caregivers — to the extent preferred by each patient - <u>to accomplish shared goals within and across settings</u> to achieve coordinated, high-quality care."

\*\*Team-based care defined by the National Academy of Medicine\*\*

## Team Based Care

- Two or more professionals within or across care settings in healthcare are trained together in all or part of their professional training.
- Training results in <u>collaboration</u>: Learn about, from & with each other.
- Creates a <u>holistic approach to shared goals.</u>
- Aids in the break down of silos and barriers.

## Interprofessional Training

In other words.....

In the same room.....

Discussing the same workflow.....

Using the same educational resources.

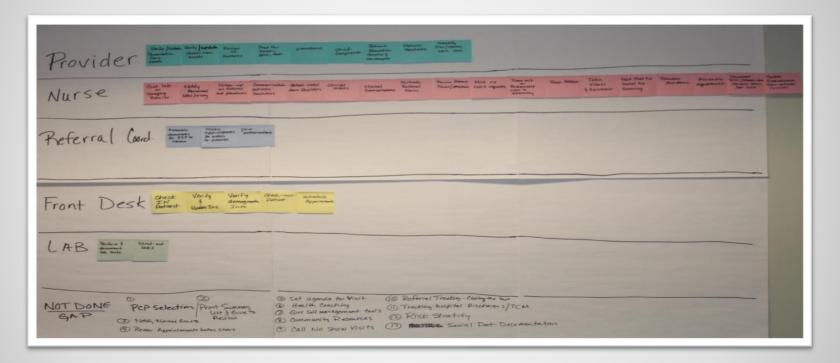
Learn About, From & With Each Other



Creates Builds Increases Role Effective Teamwork Understanding Collaboration **Improved** Outcomes Breaks Gains Mutual Creates Through Shared Goals Respect Barriers **Interprofessional Training Value** 



## Using a Swim Lane For Role Identification

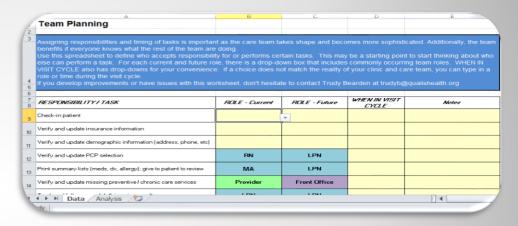


## Activities for Interprofessional Training

## Role Identification Activity Worksheet

#### **Safety Net Medical Home**

- √ Aids in Open Discussion of Roles
- ✓ Allows for Current vs. Future State
- ✓ Begins Framework for Job Descriptions & Standard Work



• Safety Net Medical Home: Team Based Planning Worksheet:

http://www.safetynetmedicalhome.org/s
ites/default/files/Team-Planning.xls

## Activities for Interprofessional Training

#### **Team Based Care Structure**

- Traditional Organizational Chart vs.
   Patient Centered Circular Design
- Core Team or Ancillary Team
   Placement

#### **Empanelment**

 Population Health: The care of a population of patients vs. the patient in front of you.

#### **Team Member Roles**

 Review workflows visually (swim lanes, charts, colored candy pieces in a cup) to allow the group to define roles and look for even distribution of workload.

#### **Workflow**

 Compare current workflow and future workflow to identify areas not currently covered and/or gaps in the current system.

#### **Standards of Care**

 Set team goals to improve outcomes by understanding the needs of the patient population that you serve.

**Building The Framework: Training Topics** 

Building Blocks

#### **Team Communication**

- Team Building Activities & Personality Tests
- Effective Huddles
- Modes of Communication- Face to Face vs. Electronic

#### **Quality Improvement**

- Understanding Clinical Quality Measures
- The Model for Improvement, PDSA Cycles

#### Optimizing Patient Support

- Health Literacy
- Motivational Interviewing
- Goal Setting
- Teach Back
- Connection to Community Resources

# Enhancing the Skill Sets: Training Topics

Binding Materials

- National Center for Interprofessional Practice and Education: <a href="https://nexusipe.org/informing/resource-center">https://nexusipe.org/informing/resource-center</a>
- AHRQ Team STEPPS: <a href="https://www.ahrq.gov/teamstepps/about-teamstepps/index.html">https://www.ahrq.gov/teamstepps/about-teamstepps/index.html</a>
- Safety Net Medical Home: <a href="http://www.safetynetmedicalhome.org/resources-tools/implementation-guides">http://www.safetynetmedicalhome.org/resources-tools/implementation-guides</a>
- Institute for Healthcare Improvement:
   <u>http://www.ihi.org/communities/blogs/team-based-care-optimizing-primary-care-for-patients-and-providers-</u>
- Primary Care Team Guide: <a href="http://www.improvingprimarycare.org/team">http://www.improvingprimarycare.org/team</a>
- Local NC AHEC Practice Support & Continuing Professional Development: <a href="https://www.ncahec.net/">https://www.ncahec.net/</a>

### Helpful Websites

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