

Comparison of Nurse Aide I Training and **Appendix G**

Competency Evaluation to Direct Care Support Worker

Comparison of Nurse Aide I Training and Competency Evaluation to Direct Care Support Worker (the most common type of adult and family care home staff) Training and Competency Evaluation

	Nurse Aide I Training		Direct Care Support Worker	
	Federal/State Mandate		State Mandate	
	75 Hour Program	25 Hour Program	25 Hour Program	80 Hour Program
Coordinator/Faculty				
RN with 2 years experience	≈		≈	≈
Completed a course in teaching adults OR	≈	∅	∅	∅
Experience teaching adults OR	≈	∅	∅	∅
Supervising nurse aides	≈	∅	∅	∅
1 year experience in SNF/NF	≈	∅	∅	∅
Two years direct care with "some" mental health or geriatric care	∅	≈		≈
Curriculum Requirements				
Number of hours required	75 hours	25 hours		80 hours
Number of skills taught	69	64		78
Level of competency required	Skills performed in safe/competent manner	"Satisfactory performance"		"Satisfactory performance"
Content Topics				
Unit 1: Introduction to health care	≈		≈	≈
Unit 2: Communications & interpersonal skills	≈		≈	≈
Unit 3: Infection control	≈	∅		∅
Unit 4: Safety & emergency	≈		≈	≈
Unit 5: Ethical/legal issues	≈		≈	≈
Unit 6: Nutrition/hydration	≈	∅		≈
Unit 7: Common diseases & conditions of body systems (11 systems total)	≈	∅		∅
Unit 8: Patient environment	≈		≈	≈
Unit 9: Personal care/grooming	≈	∅		∅
Unit 10: Basic nursing skills	≈	∅		∅
Unit 11: Patient care procedures	≈	∅		∅
Unit 12: Death and dying	≈	∅		∅
Unit 13: Basic restorative services	≈	∅		∅
Unit 14: Prevention of pressure ulcers	≈		≈	≈
Unit 15: Restraints	≈		≈	≈
Unit 16: Psychological effects of aging	≈	∅		≈

Appendix G

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	Nurse Aide I Training		Direct Care Support Worker	
	Federal/State Mandate		State Mandate	
	75 Hour Program	25 Hour Program	25 Hour Program	80 Hour Program
Competency Evaluation Requirements				
Evaluator				
RN with 2 years experience with 1 year care of elderly or chronically ill of all ages	≈	≈	≈	≈
Minimum number of opportunities to take exam	3	Not stated	Not stated	Not stated
Examination				
Written	Standardized competency exam	No standardized competency exam	No standardized competency exam	No standardized competency exam
Oral	Standardized competency exam	Oral and skills demonstration in lab or clinical site	Oral and skills demonstration in lab or clinical site	Oral and skills demonstration in lab or clinical site
Demonstration of randomly selected items drawn from pool of tasks generally performed by NAs	≈	∅	∅	∅

≈ = Topics are comparable but not necessarily exact
 ∅ = Topic is not comparable to Nurse Aide I Training (a specific skill or content is not included)